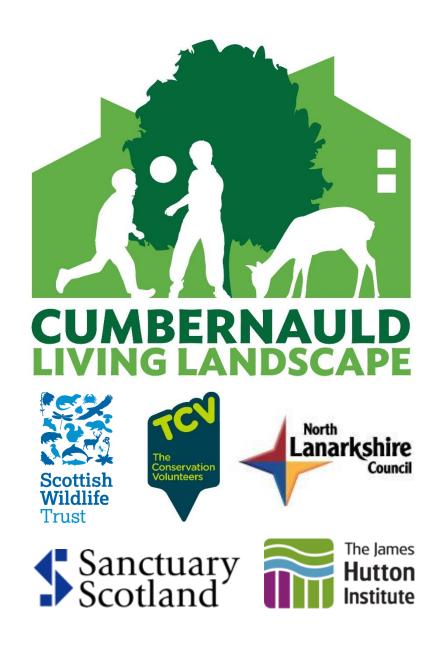
Creating Natural Connections in Cumbernauld



Natural heritage will be better managed and in better condition



Cumbernauld's woodland network constitutes a major element of its natural heritage. The potential of this network to provide ecological connections was shown in 2013 when camera traps captured the presence of a pine marten; the first recorded sighting much further south of its previously known range. The network of woodlands across the town has meant that pine marten have been able to recover in this densely urban area. However this woodland network and other natural heritage in the town is at risk.

Our Heritage



The many woodlands, parks and open spaces across the town play a crucial role in providing a range of habitats for wildlife as well as opportunities for local people.



Areas of ancient semi-natural woodland, such as Cumbernauld Glen, are home to native oak and bluebells and they provide excellent opportunities to see wildlife.



The mosaic of habitats creates stepping stones in the network for UK BAP priority species like the small pearl-bordered fritillary.



Local greenspaces like Ravenswood Local Nature Reserve create ideal habitats for invertebrates and amphibians.

... is at risk



Dense, inappropriate woodland planting threatens native woodland biodiversity and creates a negative perception of community safety.



Fire damage and other anti-social behaviour is threatening natural heritage and people's enjoyment of Cumbernauld's greenspaces.



Invasive non-native plant species such as rhododendron ponticum (growing here on LHS of road) threaten Sites of Importance for Nature Conservation (located on RHS).



Important sites such as Luggiebank Wood wildlife reserve are isolated in a landscape of industrial and residential development.



Creating a community network that connects more people to nature

"Creating Natural Connections" will broaden the reach and scope of successful activities with local young people and volunteers. It will reach out to new target audiences, such as those living in deprived areas, the unemployed, the disabled and people at risk of mental health issues. Working with local partners, we will encourage diverse groups from across the community to become involved in developing and delivering Neighbourhood Action Plans to improve local natural heritage. Activities delivered by local people will be complemented by larger-scale works to enhance biodiversity and access on urban greenspaces.

Build capacity



Local groups and organisations will come together to help create the Neighbourhood Action Plans for their greenspaces.



The Nature Ninjas volunteers will be expanded to offer a more diverse range of people the opportunity to get involved and support the work of local groups.



The activities carried out by young people will inspire others in the community to get involved and take action.



Training will increase community capacity and Continuing Professional Development sessions with teachers and health/social care providers will help to build a legacy.

...with new audiences



Creating new opportunities will develop skills for young people at risk of disengaging from school and employment.



Working with local partners such as Police Scotland Volunteers at fun events like Hallow"scream" in the Glen connects us to a wider audience.



Taking natural heritage to new places will help us reach more people as shown by the previous Living Windows project.



Wild Ways Well sessions will bring together the benefits of natural places and proven Five Ways to Wellbeing methodology to improve mental health.

Getting the word out

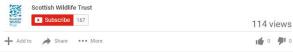




cumbernauld living landscape

Making the Living Windows

= You Tube



CumbernauldLivingLan

Student from St Maurice's High learning about large red damselflies up close and personal #OutdoorClassroomDay @HLFScotland #hlfsupported



RECRUITING NOW!

#pollinatorpledge tip #3 deadhead your garden plants to produce more flowers through the season @EdinLandscape...

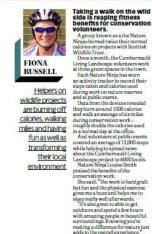
ttps://t.co/fepO2hTILm



Read on to find out more about our new vacancy for a Volunteer Community Engagement & Education Intern

2,291 people reached (1) Aileen Austin, Lynne Neilson and 27 others 2 Comments 🛛 🚓 🗸 🖬 Like 🔳 Comment 🍌 Share







oost Pos

Getting fit is second nature to the Ninja volunteers

Maurice's Pond, Revenswood Local Nature Reserve and Cumbernauld Glam Wildlike Reserve. Volunteer work has included claring non-native invasive makes an incredible contribu-to nature and Cumbernauld "The hard work of the volunteers makes an incredible contribution to nature and Cumbernauld, plus to nature and Cumbornauld, plus the Nature Nijner neg heb benefits for their own good health." The negative stress of the negative is garartmethy project with nature conservation charity SWT, North Lanarkshine Council and Kenter J Commission Scotland. SWT receive Intencial support Swatch and Swatch Natural Scotlain Natural Iverlags and players of Pooplin Natural Iverlags and of hap roject and others like in ord the project and others like in green networks and recommending propels to the natural environment. species, maintaining paths to improve access and planting wildflowers and trees. Tracy Lambert, the project's community random the projects community engagement officer, said: It's easy to forget about the physical and health benefits of volunteering but the evidence shows people who spend more time in nature are healthier. happier and more engaged with the environment. The environment. "People are always surprised when they find out just how active they get when they come to help us improve their local nature reserves. people to the natural environment. And it's so much cheaper than a And it is so much chapper than gym membership." Paul Barclay is a natural networks officer with commun volunteering charity TCV Sool He said. "The Cumbernauld For more into,see cumbernauldlivinglandscape, org.uk, log on to scottishwildlife trust.org.uk/how-you-can-help/volunteer or visit www. tcv.org.uk/scotland

Join me on my adventures in Scotland's great outdoors by checking out my award-winning website at www.fionaoutdoors.co.uk - you'll find lots of great information about walking, cycling, running and other outdoor activities, as well as kit reviews.

RETWEETS LIKES 🏙 👤 💼 🛍 🕼 🛄 🗶 👄 🛀

Cumbernauld Living Landscape ublished by Tracy Lambert (?) · May 24 at 12:00pm · @

I was sent this image of a painting by local artist Bobby Rennie, Bobby attended the Cumbernauld glen Bluebell walk at the end of April and was inspired to create this beautiful scene.

Thank you for sharing with us Bobby 😆

